



# VIDEOS & DVD

AUSTRALIAN BREASTFEEDING ASSOCIATION (ACN 005 081 523)

TASMANIA BRANCH

ABN 32 637 393 154

## 1 "Mother & Baby ... getting it right"

Breastfeeding: Positioning & Attachment,  
with Sue Cox

An excellent training resource for breastfeeding counsellors, midwives, child health nurses, lactation consultants etc. The video shows Sue leading an antenatal class, and working with three mothers and their babies. Beautiful close-ups of babies feeding well. This video has been extremely popular for some years, and remains just as helpful as ever for health professionals, counsellors and parents alike.

Both videos also available with captions (subtitles).

Both videos also available in NTSC format, as well as PAL.

## 2 "Mother & Baby ... the first week"

What's normal for babies,  
with Sue Cox

Shows parents what is normal in the first week after the baby is born so that they will quickly seek assistance if the abnormal occurs. The video shows, through pictures and short captions, baby's innate ability to survive, providing it is warm, pink and loved, including through skin-to-skin contact; changes in urinary output and in stool amount and colour; the normal amount of colostrum/milk produced each day and how to overcome any breast tightness that may occur; techniques to overcome breastfeeding difficulties, including how to position the baby and how to attach/latch baby for breastfeeding.

Sue Cox AM RN RM IBCLC has worked with mothers and babies for more than 30 years. She has been an ABA Counsellor since 1976, and has been a Lactation Consultant both in hospital and private practice. She presents seminars and workshops on lactation around Australia and has presented many papers internationally.

**NOW AVAILABLE ON DVD: \$88**  
**both these videos on the one DVD**

The DVD contains videos 1 and 2, with and without captioning - i.e. all 4 films on the one DVD.

**VIDEOS \$66 EACH**

**DVD \$88 EACH**

**(INCL GST AND POSTAGE WITHIN AUSTRALIA; INCL AIRMAIL POSTAGE OVERSEAS)**

Please supply:

copies of **video 1**

copies of **video 1** [with captions]

copies of **video 2**

copies of **video 2** [with captions]

copies of **DVD** (contains videos 1 & 2, with & without captioning - i.e. all 4 films on the one DVD)

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