



Australian  
Breastfeeding  
Association  
For Health Professionals



## 10960NAT Diploma of Breastfeeding Management

# Upgrade your knowledge and skills to support breastfeeding mothers and babies

The Australian Breastfeeding Association has a long tradition of providing high-quality, evidence-based breastfeeding education for health professionals.

### Nationally recognised accredited course

The **10960NAT Diploma of Breastfeeding Management** is a nationally recognised accredited course.

Designed with your needs as a health professional in mind, this course will help you further develop your skills and knowledge in lactation support.

We offer a range of **flexible study options** to support you to successfully complete this course, including distance education. Learners need to participate online in some workshops on the days they are run.

### Course content

The 10960NAT Diploma of Breastfeeding Management offers a unique opportunity for you to build your skills and knowledge in the following areas:

- the anatomy and physiology of human lactation
- management of common breastfeeding problems
- providing counselling to support breastfeeding
- infant and maternal nutrition during lactation
- protecting and supporting breastfeeding
- evaluation of human lactation research

'My knowledge base and counselling skills have improved remarkably since I commenced the Diploma of Breastfeeding Management. The evidence-based knowledge I have gained through my studies, is used every day with the mother and baby dyads I provide care for in my work as a midwife.'

**2022 learner**

**IBLCE CERPS and pre-exam education hours and ACM CPD hours may apply.**



To find out more contact [training@breastfeeding.asn.au](mailto:training@breastfeeding.asn.au)

Learn more and view the pre-course information booklet

[aba.asn.au/diploma](https://aba.asn.au/diploma)

## Delivered by experts

The course is delivered by a team of Australian Breastfeeding Association experts.

The course requires completion of 12 units of study (eight core and four elective units). This is achieved by combining self-directed study, one day workshops and assessments for each unit.

'I have just started the course but feel much better with my understanding of breastfeeding and feel much more confident in supporting new mums to breastfeed their babies.'

**2022 learner**

## Workshop location

Workshops are in Melbourne and online.

Unit	Days
<b>NAT10960001</b> Take lactation histories and conduct breastfeeding assessments	1
<b>NAT10960006</b> Create environments to protect, promote and support breastfeeding	1
<b>NAT10960007</b> Provide breastfeeding support within a legal and ethical framework	1
<b>NAT10960005</b> Facilitate infant and maternal nutrition during lactation	1
<b>NAT10960012*</b> Evaluate and counsel on the use of breastmilk substitutes	1
<b>NAT10960004+</b> Manage breastfeeding situations and problems	1
<b>NAT10960013*</b> Use infant sleep and settling methods that support the breastfeeding relationship	1
<b>NAT10960014**</b> Counsel clients to manage life changes associated with breastfeeding	1
<b>NAT10960008</b> Use critical appraisal skills to evaluate human lactation research	½
<b>NAT10960002</b> Communicate effectively with clients to support breastfeeding	2
<b>NAT10960003</b> Provide counselling to support breastfeeding	
<b>NAT10960009**</b> Facilitate culturally-appropriate breastfeeding counselling	
<b>NAT10960010*</b> Provide pharmacological information and breastfeeding support to clients	½

\*Elective units: four must be selected    +Pre-requisite unit NAT10960001 required    #Specified elective unit



**To find out more contact [training@breastfeeding.asn.au](mailto:training@breastfeeding.asn.au)**

The Australian Breastfeeding Association is a Registered Training Organisation RTO: 21659 ABN: 64 005 801 523

**Learn more** and view the pre-course information booklet

**[aba.asn.au/diploma](https://aba.asn.au/diploma)**