

LOCAL PARENTING SUPPORT GROUPS

(Fairfield to Southern Highlands)

The Australian Breastfeeding Association (ABA) aims to encourage and support families who wish to breastfeed their children. The most important and unique part of ABA is the mother-2-mother contact and support. We are also more than happy to connect with local health professionals, council representatives and area health district services to provide information & support.

South Western Sydney (Liverpool) & Camden-Wollondilly (Spring Farm) local groups have regular gatherings throughout the year.

Everyone is welcome to attend our events-whether you are breastfeeding, pregnant or found that bottle-feeding worked out better for you. Babies, toddlers, fathers and family, of course, are welcome too.

To find out more about what ABA events are on in your area or online, please check out the local website calendars, like and follow your local group on social media or email your local contact.



Australian Breastfeeding Association

Local Breast Pump Hire

50% DISCOUNT FOR MEMBERS!!!

The Macarthur Region have Medela and Ardo breast pumps for purchase or hire. All pumps the ABA offer for hire are hospital grade, closed system pumps for guaranteed quality and hygiene. One on one counselling provided with ALL pump hire.

Medela Symphony

Mairead (Harrington Park)
camden_wollondilly_aba@outlook.com



Sophie 0402990293 (Hammondville)

Ardo Carum

Rebecca 0425350372 (Hammondville)



Camden-Wollondilly

Group leader: Mairead
Calendar of Events Link:



Facebook Group Link:



camden_wollondilly_aba@outlook.com

Southern Highlands

Group leader: Rosanne
Group Website Link:



Facebook Group Link:



highlandsaba@gmail.com

South Western Sydney

Fairfield- Campbelltown
Group leader: Tally
Calendar of Events Link:



Facebook Group Link:



southwesternsydneyaba@gmail.com