



Online parenting discussions Tasmania

July – December 2023

Facilitated by qualified ABA breastfeeding counsellors and educators, (OR a guest speaker*) – these informal discussions are **free**. Click the link on the day and time to connect, share and ask questions from anywhere in Tasmania.

Date	Time	Where	Topic
Fri 7 Jul	12pm–1.30pm	Click HERE to join on Zoom	Breastfeeding myths: is what I heard fact or fiction? Zoom Discussion ID 513 214 6735
Fri 4 Aug	12pm–1.30pm	Click HERE to join on Zoom	WORLD BREASTFEEDING WEEK 2023 Working, studying and breastfeeding: how to make it happen Zoom Discussion ID 513 214 6735
Fri 1 Sep	12pm–1.30pm	Click HERE to join on Zoom	GUEST SPEAKER * Supporting your postnatal body: exercise, pelvic floor and common complaints Zoom Discussion ID 513 214 6735
Fri 6 Oct	12pm–1.30pm	Click HERE to join on Zoom	BYO questions and experiences to share Zoom Discussion ID 513 214 6735
Fri 3 Nov	12pm–1.30pm	Click HERE to join on Zoom	Expressing: do I need to? Zoom Discussion ID 513 214 6735
Fri 1 Dec	12pm–1.30pm	Click HERE to join on Zoom	Out & about: parties and travel Zoom Discussion ID 513 214 6735

Details correct at time of publication.

See 'Events' at the [ABA Tasmania Branch](#) Facebook page.

For security and quick admission from the online waiting room, use your real name on Zoom. Aliases and device names may not be admitted.

***Guest speaker presentation may include information not in accordance with ABA policies and position statements.**

