



### Safe sleep

- Ensure surfaces are firm and flat, and kept clear of toys and blankets.
- Look out for positions that make it hard for babies to breathe.
- Protect them against falls and being stepped on.



### Feeding

**Breastfeeding** mums need:

- a private place to sit
- water and food
- reassurance about milk supply and expected baby behaviour.



**Formula feeding** families need:

- infant formula\*
- clean water
- a clean space to prepare feeds
- hot water and detergent for washing, or
- single-use bottles or cups.



**\*Always assess need before providing infant formula.**

**Older babies and toddlers** need:

- safe solid foods
- snacks outside of mealtimes.

### Hygiene

Ensure access to:

- nappies and wipes
- soap and water
- nappy disposal.



## Protect babies in emergencies

Babies and toddlers have unique needs that place them at greater risk. You can support parents to meet these needs and keep them safe.

### Safety

Protect children from:

- animals
- hot water
- electrical outlets
- vehicles
- medications and drugs
- stairs and balconies.



### Emotional wellbeing

Help protect young children from trauma.

- Support their caregivers.
- Provide a calm environment.
- Keep them away from very distressed adults.



### Play

Create a safe space for play and movement with suitable, clean toys.

