



## BANKSTOWN GROUP 2023 Calendar of events

**Breastfeeding Helpline**  
**1800 mum 2 mum**  
**1800 686 268**

Join other parents for meet ups once a month for morning tea & a chat from March to December (usually 1<sup>st</sup> Thursday of the month).

Our meetings are very informal and the discussion is centred around the interests of those attending and supported by a breastfeeding counsellor.

Whether you are awaiting the arrival of your first baby, breastfeeding or bottle feeding – all mothers, fathers, their children, support people and friends are most welcome to attend our meetings and social gatherings.



Check our local page on the  
ABA website calendar  
for events and updates

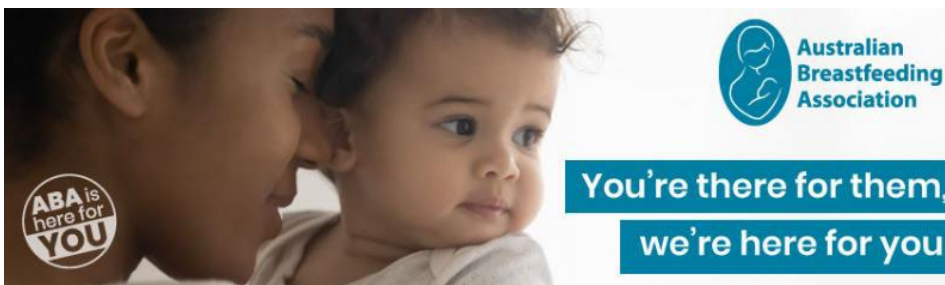
[breastfeeding.asn.au/group/bankstown-group-nsw#home](http://breastfeeding.asn.au/group/bankstown-group-nsw#home)

We look forward to meeting you soon

Zofia - Bankstown Group Leader

If you have any questions or to RSVP, contact Zofia on  
0415 256 983

The meetings start at 11:00am and last for 1-2 hours depending on turnout



**Bankstown Enquiries**

**Zofia**

[zofia\\_kk@yahoo.com](mailto:zofia_kk@yahoo.com)

**Panania  
Breast pump  
Hirer**

**Nermin  
0450 635 604**

**Mother Safe  
Medication  
Info Line  
9382 6539**

**Poisons Information  
13 11 26**

**Breastfeeding  
Helpline  
1800 686 268**

The Breastfeeding  
Helpline is supported by  
funding from the  
Australian Government

Please check web calendar for any schedule updates

**[breastfeeding.asn.au](http://breastfeeding.asn.au)**