

Free for ABA Virtual Village members

The Newborn Virtual Village series will provide you with breastfeeding information and support in the early days, from the comfort of your own home.

Join our live-streamed, 1-hour sessions available during the day on Tuesdays and Thursdays. See our website for times.

Five topics repeat every two-and-a-half weeks. You can come to one or all five topics in any order as many times as you wish.

Topics:

- Comfortable attachment and early days support
- Learning your baby's feeding and other cues
- Working out your supply in the early days
- Sleep and breastfeeding patterns in the early weeks
- Wellbeing and intimacy post birth







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