

Local Catch-Ups

Nepean/Blue Mountains Region

April to June 2024

All mothers and family members welcome for a cuppa, chat and free breastfeeding support.



Wednesday 3rd April Walk and Talk: Martin's Lookout, Springwood (carrier-friendly)

Friday 5th April Cuppa and Chat at The Log Cabin in Penrith

Wednesday 17th April Toilet-training, Faulconbridge

Friday 19th April Cuppa and Chat at Brooks in Jordan Springs

Wednesday 24th April Weaning, Winmalee

Wednesday 1st May Walk and Talk: Knapsack Bridge, Glenbrook (pram-friendly)

Friday 3rd May Cuppa and Chat at Laughin' Boy in Emu Plains

Wednesday 8th May Breastfeeding and work, Winmalee

Wednesday 22nd May Walk and Talk: Fairfax Heritage Track, Blackheath (pram-friendly)

Friday 24th May Cuppa and Chat at The Log Cabin in Penrith

Wednesday 29th May Starting solids, Winmalee

Wednesday 5th June Birdwood Gully, Faulconbridge

Friday 7th June Cuppa and Chat at The Orchard in Jamisontown

Monday 17th June Cuppa and Chat at Daily Break in Glenmore Park

Wednesday 19th June Night wakings, Winmalee

