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Australian Breastfeeding Association Western Australian Branch
West Pilbara Communities for Children, Breastfeeding and Early Nutrition Project

Our News

June 2008



In May, the Australian Breastfeeding Association West Pilbara Communities for Children celebrated National Mothering Week with wonderful morning teas for parents and support people in Tom Price, Onslow and Karratha.

In Onslow, Suzy at Little Learners in Onslow Primary School put on a wonderful community morning tea with support from the school, Australian Breastfeeding Association, Leaping Lizards and the Onslow Bakery. The children made a scrapbooked placemat to give to their special mums and there were some lucky door prizes to giveaway too.

In Tom Price, Peggy, Leigh and Ellen from the Nintirri Neighbourhood Centre held coffee club and parent group meetings, treating the mums to morning tea, lucky door prizes and a special pampering makeover from Leesa Thompson (Mary Kay consultant). Many of the mums were from multicultural

backgrounds and a special grandma and aunty attended too.

The Australian Breastfeeding Association most sincerely thanks these wonderful people for making National Mothering Week a special event in their towns.

In Karratha, Laurena organised a big multicultural morning tea with support from the other Communities for Children partners and many, many businesses in Karratha. Over 100 mums and support people enjoyed a special morning with a traditional welcome to country by Violet Samson from Roebourne, a multicultural morning tea from local Thai, Indian, Burmese and Indigenous women and the traditional goodies served by Kristy and Judy. Belly dancers entertained the crowd and Fran took some wonderful mother and child portraits for the mums to take home. Tina and Chantelle had a relaxing corner for foot massage with Playgroup WA, Ngala and RUCSN providing wonderful parent and children resources and play equipment. We are very grateful for all the people who made this such a successful event.

Our other events for May were: meeting with the Yaandina parents' group to cook and discuss "Introducing solids to babies over 6 months old" and an Antenatal Breastfeeding Education Class in Karratha attended by 9 mums and 3 dads-to-be.



We were booked to travel to Onslow on May 19th too, but unfortunately had to cancel due to illness. We will be rebooking these sessions as soon as possible.

June 2008 sees the Australian Breastfeeding Association very busy with a meeting with the nana's and mothers at Mawarnkarra Aboriginal Medical Centre in Roebourne; then travelling to Tom Price to present four parent workshops and the two sessions for training breastfeeding peer supporters. The breastfeeding peer supporters training is also being presented in Karratha on June 11 and 18th, with very strong interest already.

