



Australian  
Breastfeeding  
Association



# Support for breastfeeding

## Welcome to ABA VIC Branch

### About us

The Australian Breastfeeding Association (ABA) is Australia's peak information, education and support service on breastfeeding. Providing practical mother-to-mother peer support, evidence-based information and continuing education for health care workers.

### A safe space for support

All immediate and extended family members, support persons and friends are welcome. Get free one-on-one breastfeeding advice at the appointment:

- book a session, offered each Wednesday between 10-2 pm
- residents outside Dandenong also welcome
- no government documents required
- there are toys for children to play with
- breast Pumps are available for hire and personal accessories for purchase.

### What to expect when you get here

When you arrive for your booked session, the trained breastfeeding counsellor who is also a mother, will ask you questions about the support you need and will:

- ask you questions to understand the help you need
- answer your questions during the session
- use visual aids to demonstrate
- email you information about the
- questions you had after the session.

### Our contact details:



3/71 Robinson Street,  
Dandenong



03 9791 4644



Office hours: Tuesday -  
Thursday 10-4 pm





## Once you arrive

### View from the street

Come in through the double doors and find a comfortable seat.

### Once you enter

You will see screens and blinds are placed to give you privacy. It's quiet, but we welcome the sounds of children, babies and chat. Please sit in one of our comfortable chairs or couches.

There are facilities which include:

- a small kitchenette
- a kettle and tea
- books
- toilets.

### A separate room

We have a separate room if more privacy is needed. It has comfortable chairs to breastfeed your baby and a change table.

### You will be greeted by one of our team

We will welcome you and ask you a few questions about you and your baby, to understand the support you need. We will offer peer-to-peer support using the doll and the knitted breast to explain what to try.

### Parking

There is 2-hour parking out the front, plus parking in the side street. Paid parking is at the back of the building. Use the walkway to Robinson Street and our shop front.

