

### What is ABA?

The Australian Breastfeeding Association (ABA) provides breastfeeding information and support. Our volunteer qualified Breastfeeding Counsellors and Breastfeeding Educators are trained to provide mother to mother support.

### Who can go along?

All are welcome at our meet-ups. They are a great way to meet other mothers and discuss parenting and breastfeeding issues. A trained breastfeeding counsellor will be there for individual support, as required. You do not need to join ABA to come along—our group activities are **free and open to all**.

### What is ABA peer support?

ABA breastfeeding counsellors and educators are trained volunteers who offer breastfeeding information and **mother-to-mother support** on the phone, online and face-to-face at ABA events. They hold a Certificate IV in Breastfeeding Education. Breastfeeding counsellors have all breastfed at least one baby. Have you considered training with ABA? It's very rewarding, and family friendly. ABA is a Registered Training Organisation. (RTO: 21659)

### Where and when?

On the second Wednesday of each month we meet at **Bruce's Café, East Wynyard**, for a cuppa and chat at 10am. We'll be sitting out the back near the play area.

Join our chat and play sessions on the fourth Friday of the month at 10 am, at **Larapi Child and Family Learning Centre, Wynyard**. See our program overleaf and contact **Jess** on **0408 799 508** or **Natalie** on **0419 131 052** for more information.

Find us on Facebook for the latest updates:



### ABA's Virtual Village

Join ABA and receive:

- Access to private breastfeeding support
- Local group events for information and face to face breastfeeding counselling
- "Breastfeeding...a practical guide" eBook valued at \$29.95
- 50% off breast pump hire
- Essence magazine and regular eNews
- Antenatal **Breastfeeding Preparation Session** webinar cost **fully refunded** by your local group.

To join visit our website [breastfeeding.asn.au](http://breastfeeding.asn.au)

To register for a **Breastfeeding Preparation Session** webinar, scan the QR code.



Once enrolled send your class receipt and bank details to [schuuring30@hotmail.com](mailto:schuuring30@hotmail.com) (Group Leader) for your \$20 rebate.

### Group Contacts:

#### Breastfeeding Counsellors

Sarah (Group Leader) 0409 583 343  
Jess 0408 799 508  
Laura 0412 202 649  
Charlotte 0407 864 767

#### Breastfeeding Educator

Natalie 0419 131 052

#### Breast Pump Hire

Charlotte 0407 864 767

### 24-hour National Breastfeeding Helpline

1800 686 268

### LiveChat Service

8pm–10pm weeknights  
Monday, Wednesday & Friday 12pm–2pm  
[www.breastfeeding.asn.au](http://www.breastfeeding.asn.au)



**Australian  
Breastfeeding  
Association**

## Burnie Wynyard Group

**Local events  
July to December 2025**



**1800mum2mum**  
Breastfeeding Helpline 1800 686 268

**breastfeeding.asn.au**

The National Breastfeeding Helpline is supported by funding from the Australian Government.



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@AUSTRALIAN BREASTFEEDING ASSOCIATION -  
BURNIE WYNYARD GROUP

FOLLOW US ON INSTAGRAM  
@OZBREASTFEEDINGTAS

# Burnie Wynyard Group

July to December 2025

Date	Time	Topic	Venue
Wednesday 9 <sup>th</sup> July	10:00am	Café-catch-up	Bruce's Café, East Wynyard
Friday 25 <sup>th</sup> July	10:00am	Chat and play	Larapi Child & Family Learning Centre, Wynyard
Wednesday 13 <sup>th</sup> August	10:00am	Café catch-up	Bruce's Café, East Wynyard
Friday 22 <sup>nd</sup> August	10:00am	Chat and play	Larapi Child & Family Learning Centre, Wynyard
Wednesday 10 <sup>th</sup> September	10:00am	Café catch-up	Bruce's Café, East Wynyard
Friday 26 <sup>th</sup> September	10:00am	Chat and play	Larapi Child & Family Learning Centre, Wynyard
Wednesday 8 <sup>th</sup> October	10:00am	Café catch-up	Bruce's Café, East Wynyard
Friday 24 <sup>th</sup> October	10:00am	Chat and play	Larapi Child & Family Learning Centre, Wynyard
Wednesday 12 <sup>th</sup> November	10:00am	Café catch-up	Bruce's Café, East Wynyard
Friday 28 <sup>th</sup> November	10:00am	Chat and play	Larapi Child & Family Learning Centre, Wynyard
Wednesday 10 <sup>th</sup> December	10:00am	Café catch-up	Bruce's Café, East Wynyard

## Check our Facebook page



**Australian Breastfeeding Association  
- Burnie Wynyard Group**

## Visit our page on ABA's website



**Burnie Wynyard, Tas**

## Contact us

Sarah 0409 583 343  
Jess 0408 799 508  
Natalie 0419 131 052  
Laura 0412 202 649  
Charlotte 0407 864 767