

What is ABA?

The Australian Breastfeeding Association (ABA) provides breastfeeding information and support. Our volunteer qualified Breastfeeding Counsellors and Breastfeeding Educators are trained to provide mother to mother support.

Who can go along?

All are welcome at our meet-ups. They are a great way to meet other mothers and discuss parenting and breastfeeding issues. A trained breastfeeding counsellor will be there for individual support, as required. **Our group activities are free and open to all.**

What is ABA peer support?

ABA breastfeeding counsellors and educators are trained volunteers who offer breastfeeding information and **mother-to-mother support** on the phone, online and face-to-face at ABA events. They hold a Certificate IV in Breastfeeding Education. Breastfeeding counsellors have all breastfed at least one baby. Have you considered training with ABA? It's very rewarding, and family friendly. ABA is a Registered Training Organisation. (RTO: 21659)

Where and when? See our program overleaf.

On the second Wednesday of each month we meet at **Bruce's Café, East Wynyard**, for a cuppa and chat at 10am. We'll be sitting out the back near the play area.

Our dessert nights are planned for the fourth Thursday evening of the month at 6.30pm, at **Larapi Child and Family Learning Centre, Wynyard**. Check our socials for the latest, or SMS **Natalie** on **0419 131 052**.

Find us on Facebook for the latest updates:



In Tasmania, the Australian Breastfeeding Association is supported by the Crown through the Department of Health

ABA's Virtual Village

Join ABA and receive:

- Access to private breastfeeding support
- Local group events for information and face to face breastfeeding counselling
- "Breastfeeding...a practical guide" eBook valued at \$29.95
- 50% off breast pump hire
- Essence magazine and regular eNews
- Antenatal **Breastfeeding Preparation Session**

\$35 cashback available from your local group.

To join visit our website breastfeeding.asn.au
To register for a **Breastfeeding Preparation Session** webinar, scan the QR code.



Once enrolled send your class receipt and bank details to Sarah (Group Leader, at schuuring30@hotmail.com for your \$35 rebate.

Group Contacts:

Breastfeeding Counsellors

Sarah (Group Leader) 0409 583 343
Laura 0412 202 649
Charlotte 0407 864 767

Breastfeeding Educator

Natalie 0419 131 052

Breast Pump Hire

Charlotte 0407 864 767

24-hour National Breastfeeding Helpline

1800 686 268

LiveChat Service

8pm-10pm weeknights

Monday, Wednesday & Friday 12pm-2pm
www.breastfeeding.asn.au



**Australian
Breastfeeding
Association**

Burnie Wynyard Group

January to June 2026



1800mum2mum
Breastfeeding Helpline 1800 686 268

breastfeeding.asn.au

The National Breastfeeding Helpline is supported by funding from the Australian Government.



FIND US ON FACEBOOK
@AUSTRALIAN BREASTFEEDING ASSOCIATION - BURNIE WYNYARD GROUP



FOLLOW US ON INSTAGRAM
@OZBREASTFEEDINGTAS

Burnie Wynyard Group

January to June 2026

Date	Time	Topic	Venue
Wednesday 14 th January	10:00am	Café-catch-up	Bruce's Café, East Wynyard
Thursday 29 th January	6.30pm	Wynyard Dessert Night	Larapi Child & Family Learning Centre, Wynyard
Wednesday 11 th February	10:00am	Café catch-up	Bruce's Café, East Wynyard
Thursday 26 th February	6.30pm	Wynyard Dessert Night	Larapi Child & Family Learning Centre, Wynyard
Wednesday 11 th March	10:00am	Café catch-up	Bruce's Café, East Wynyard
Thursday 26 th March	6.30pm	Wynyard Dessert Night to be confirmed pending venue availability	Larapi Child & Family Learning Centre, Wynyard
Wednesday 8 th April	10:00am	Café catch-up	Bruce's Café, East Wynyard
Thursday 23 rd April	6.30pm	Wynyard Dessert Night to be confirmed pending venue availability	Larapi Child & Family Learning Centre, Wynyard
Wednesday 13 th May	10:00am	Café catch-up	Bruce's Café, East Wynyard
Thursday 28 th May	6.30pm	Wynyard Dessert Night to be confirmed pending venue availability	Larapi Child & Family Learning Centre, Wynyard
Wednesday 10 th June	10:00am	Café catch-up	Bruce's Café, East Wynyard
Thursday 25 th June	6.30pm	Wynyard Dessert Night to be confirmed pending venue availability	Larapi Child & Family Learning Centre, Wynyard
Check our Facebook page		Visit our page on ABA's website	Contact us
			Sarah 0409 583 343 Natalie 0419 131 052 Laura 0412 202 649 Charlotte 0407 864 767
Australian Breastfeeding Association - Burnie Wynyard Group		Burnie Wynyard, Tas	