

# 10960NAT Diploma of Breastfeeding Management Course planner

## Course structure

12 units total: 8 core units + 2 specified electives + 2 electives of choice

Each unit includes:

- self-directed study
- online workshops
- eLearning modules
- assessments

Visit the diploma webpage at [aba.asn.au/diploma](http://aba.asn.au/diploma)

## Start here

NAT10960001 Take lactation histories and conduct breastfeeding assessments

April\* workshop



NAT10960006 Create environments to protect promote and support breastfeeding

June\* workshop



NAT10960007 Provide breastfeeding support within a legal and ethical framework



NAT10960004 Manage breastfeeding situations and problems

*Pre-requisite: NAT10960001 Assessment requires workplace case reports with breastfeeding clients*



NAT10960013 Use infant sleep and settling methods that support the breastfeeding relationship

July/August\* workshop



NAT10960014 Counsel clients to manage life changes associated with breastfeeding



NAT10960005 Facilitate infant and maternal nutrition during lactation



NAT10960012 Evaluate and counsel on the use of breastmilk substitutes



NAT10960010 Provide pharmacological information and breastfeeding support to clients

*Assessment requires two case reports*



NAT10960008 Use critical appraisal skills to evaluate human lactation research



Integrated cluster: NAT10960002 Communicate effectively with clients to support breastfeeding and NAT10960003 Provide counselling to support breastfeeding

*Assessment requires online workshop participation*



NAT10960009 Facilitate culturally appropriate breastfeeding counselling

*Assessment requires online workshop participation*



NAT10960015 Manage infant and young child feeding outcomes in emergency situations



*Independent learning module, no workshop*



Australian  
Breastfeeding  
Association

For Health  
Professionals

## Course completion

- Self-paced learning, designed to be completed over 15 months
- Workshops delivered by experts from the Australian Breastfeeding Association and guest presenters
- Enrolment period is from 1 February to 30 September – enrol before April for live workshops, or watch recordings anytime

## Choosing electives

Choose two electives that align with your interests and workplace focus. Options include:

- NAT10960010 Provide pharmacological information and breastfeeding support to clients – GP, paediatrician, pharmacist, allied health, child health nurse
- NAT10960012 Evaluate and counsel on the use of breastmilk substitutes – NICU nurse, paediatrician, child health nurse, dietitian, lactation consultant, allied health
- NAT10960013 Use infant sleep and settling methods that support the breastfeeding relationship – GP, midwife, child health nurse, lactation consultant, paediatrician, allied health
- NAT10960015 Manage infant and young child feeding outcomes in emergency situations – midwife, child health nurse, GP, rural and remote health, allied health

\*Workshop order and dates are indicative and may change according to presenter availability. See upcoming workshop dates at [aba.asn.au/workshops](http://aba.asn.au/workshops).  
The Australian Breastfeeding Association is a registered training organisation and receives funding from the Australian Government. RTO: 21659  
The Australian Breastfeeding Association's health professional education is free from commercial influence and conflicts of interest as defined by the WHO Code and WHA resolutions.

For more information email [training@breastfeeding.asn.au](mailto:training@breastfeeding.asn.au)

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