



Course overview

10998NAT Certificate IV in Breastfeeding Education

Core units: complete all six units

Time guide: 4 weeks

NAT10998001 Promote breastfeeding as a representative of the organisation

- Participate in promotional activity

Time guide: 6 weeks

NAT10998002 Observe legal and ethical requirements when providing breastfeeding support

- Create personal professional development plan
- Ethical/conflict issue role play

Time guide: 9 weeks

NAT10998003 Provide breastfeeding information and support

- Breastfeeding information oral responses
- Short provided presentation to expectant parents
- Communicate about breastfeeding with mothers at an ABA activity

Time guide: 6 weeks

NAT10998004 Provide support on the use of lactation aids family foods and weaning

- Create a family foods information resource
- Lactation aid demonstration and expressing information role play

Time guide: 5 weeks

NAT10998005 Support mothers to negotiate life changes associated with breastfeeding

- Oral responses to mothers' experiences
- Discuss and evaluate mothers' differing experiences

Time guide: 6 weeks

NAT10998006 Plan organise and implement breastfeeding education and support programs

- Prepare session plan for breastfeeding education
- Facilitate two breastfeeding education sessions

Electives: choose one stream

Breastfeeding education stream

These units are delivered as separate units. The order you complete the units depends on when sessions are available for NAT10998010. The remaining two units are independent study units.

Time guide: 5 weeks

NAT10998010 Provide individual breastfeeding peer support services as an educator

- Prepared chat responses
- Unseen practice chats
- Supported LiveChat shift

Time guide: 3 weeks

NAT10998011 Implement initiatives to protect breastfeeding

- Simulated breastfeeding friendly venue audit
- Participate in ABA breastfeeding protection program

Time guide: 3 weeks

BSBCMM411 Make presentations

- Facilitate two presentations

Breastfeeding counselling stream

The following units are delivered as an integrated cluster.

Time guide: 3+ months

NAT10998007 Work within the breastfeeding counselling process

NAT10998008 Empower mothers through breastfeeding counselling

NAT10998009 Counsel on breastfeeding situations and problems

- 10 scheduled role play triad practice sessions (usually weekly)
- Written and role play assessments

Learning in each unit is via blended flexible delivery. Learners complete learning modules, reading and scheduled live sessions while participating in a minimum 150 hours of volunteering during the traineeship.

Minimum 150 hours volunteering, subject to the duration of course completion