Newborn Virtual Village

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Free for ABA Virtual Village members

Newborn Virtual Village meets you where you're at. Join other new parents online for information and support in the early days and weeks with your baby.

Our 1-hour live-stream sessions are delivered by breastfeeding counsellors and educators and run during the day on Tuesdays and Thursdays. See our website for times.

Six topics rotate and repeat every 3 weeks. You can come to one or all six topics as many times as you wish.

Topics

- Comfortable attachment and early days support
- Learning your baby's feeding and other cues
- Working out your supply in the early days
- Sleep and breastfeeding patterns in the early weeks
- Wellbeing for new mums
- Your body, intimacy and relationships after birth

Australian Breastfeeding Association

Find out more
aba.asn.au/village

Book a workshop
aba.asn.au/nvv

ABA is a registered training organisation and receives funding from the Australian Government.

RTO: 21659

Learn more **breastfeeding.asn.au/village**

Oct 2026