Live seminar venues

Sydney Monday, 1 March 2027
Swissôtel Sydney, 68 Market Street

Brisbane Tuesday, 2 March 2027
Emporium Hotel South Bank, 267 Grey Street

Melbourne Friday, 5 March 2027
Pullman East Melbourne, 192 Wellington Parade

Perth Saturday, 6 March 2027
Hilton Perth, 14 Mill Street

Online program

Access the full seminar program from your computer or mobile device (from 31 March to 31 May 2027). View recordings of the live seminars as well as the exclusive online program.

Professional development points

Australian College of Midwives CPD Endorsed Activity hours, IBLCE CERPs and RACGP CPD hours have been applied for. Please check our website for updates. You may also choose to self-apply with the supporting documentation we will provide.

Register

Register using the link below or the QR code. Payment can be made via credit card. For help with registration, contact the seminar series secretariat, Rachel Washington, MECCA Concepts Pty Ltd. Email ***rachel@meccaconcepts.com.au***

Australian Breastfeeding Association | For Health Professionals

Sponsorship opportunities

For information or to download the sponsorship and exhibition prospectus visit ***breastfeeding.asn.au/seminars***, email ***marketing@breastfeeding.asn.au*** or call 03 **9690 4620**.

Registration fees

Members*		Standard fee	
Early bird**	**Standard**	**Early bird****	**Standard**
Live seminars and online program			
$290	$320	$320	$335
Online program only			
$290	$320	$320	$335

Live seminar registrations automatically include access to the online program at no extra cost.

Follow us on social media #ABASeminars2027 #2027HPSeminars #ChallengesToConfidence

@ozbreastfeeding

*Australian Breastfeeding Association (ABA) member price. Become a member at ***breastfeeding.asn.au/memberships***. Health professionals, see ***breastfeeding.asn.au/health-professionals***

**Early bird registration is available until 31 January 2027 at 11:59 pm AEDT.

PLEASE NOTE: ABA reserves the right to change the program and speakers if they are unavailable due to illness, injury or unforeseen circumstances and events. If, the live seminars are not able to go ahead, the online program will then become available as normal. No refunds will be supplied.

ABA is a registered training organisation and receives funding from the Australian Government. RTO: 21659 HP27-004 Nov 2026

Learn more **breastfeeding.asn.au/seminars**



Australian Breastfeeding Association
For Health Professionals

Breastfeeding: from challenges to confidence

Annual Health Professional Seminar series 2027

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Live seminars and online program

7:45 am **Registrations open**

8:30 am **Welcome and introduction**



8:45 am **Beyond advice: respect, autonomy and the breastfeeding experience**
Jennifer Ayton PhD MMR GDM BN RN RM

This presentation will consider breastfeeding support through a respectful human rights care lens, emphasising dignity and bodily autonomy. It examines how language, clinical interactions and service expectations can support parental confidence or contribute to feelings of guilt, pressure, and exclusion.



9:45 am **Feed, focus, function: ADHD medications, amphetamine use and breastfeeding** **Dr Treasure McGuire** PhD BPharm BSc GradDipClinHospPharm GCHEd FACP FPS FANZCAP(Edu, ObsGynae) MSHP

Attention deficit hyperactivity disorder (ADHD) medication use has risen sharply in Australia, with women continuing stimulants into pregnancy and lactation. Health professionals increasingly navigate maternal functional benefits alongside concerns about infant exposure. This presentation will review evidence on prescribed stimulants and recreational amphetamines in breastfeeding, covering milk transfer, impact on milk supply, infant outcomes, and practical counselling to support safe, individualised postpartum decision-making.

10:45 am **Morning tea**



11:15 am **Pregnancy associated cancer care: understanding current challenges to influence future practice**
Lucy Armitage BASc BMid

Pregnancy associated cancer (PAC) is a growing phenomenon in Australia. It is one of the few complexities where nurses and midwives both provide care with women as part of a multidisciplinary team. Women affected by PACs have identified a range of unmet needs, including appropriate lactation support. This presentation will share the findings of recent studies with nurses, midwives and women to understand the challenges from all perspectives and to influence future practice.



12:15 pm **What women with low vision or blindness can teach us about breastfeeding support**
Emma-Rose Biggar BN(Hons) BHSc RN IBCLC

Breastfeeding education and support often rely heavily on vision, both in what we teach and how we teach it. Drawing on a published scoping review and ongoing PhD research, this presentation explores barriers encountered by women with low vision or blindness when accessing breastfeeding supports.

1:15 pm **Lunch**



2:15 pm **Not just part of motherhood: recognising POTS and supporting breastfeeding mothers** **Alice Greenwood** IBCLC MSpPath GradDipEd(Primary)

Postural orthostatic tachycardia syndrome (POTS) can significantly affect breastfeeding and early motherhood, yet it remains poorly understood in maternity and lactation care. This presentation will explore how autonomic dysfunction may present during pregnancy and postpartum, its impact on breastfeeding and daily functioning, and the important role of breastfeeding professionals in recognising symptoms, adapting support and helping mothers achieve their breastfeeding goals.



3:15 pm **Maternity care: women's experiences and needs for breastfeeding and postnatal wellbeing** **Hazel Keedle** RN RM BSc(Hons) MNurs(Hons) PhD SFHEA

Drawing on findings from the Birth Experience Study Australia and emerging international work, this presentation will explore how women's experiences across pregnancy, birth and postnatal care shape wellbeing and breastfeeding. It will identify care practices that support positive experiences, including respectful communication, informed decision-making, continuity, and timely postnatal support and care that responds to women's individual needs.

4:15 pm **Closing remarks**

4:30 pm **Close**

Online program only



This presentation is available as soon as you register!

Breastfeeding without barriers: protecting the first 1000 days for Aboriginal and Torres Strait Islander children with child protection involvement **Amanda Peek** RM, IBCLC



Milk, menopause and MHT
Dr Elise Turner MBBS FRACGP



Providing a space for meaning in loss: human milk banking, milk donation and the grief journey
Katherine Carroll PhD



Early feeding experiences in children with Down syndrome
Dr Silvana Mengoni PhD MSc BSc (Hons)



Breastfeeding information on social media and online: taming the beast
Dr Jennifer Hocking
BA BN GradDipMid MMid PhD RM RN FACM



The Karitane mum: from clinician to mother and back again
Anna Courtwood CFHN

Roundtable discussion
Voices of experience: Every breastfeeding story deserves a place at the table **Mothers' experiences navigating their complex breastfeeding challenges**

View the full live seminars and online program information and speaker details at ***breastfeeding.asn.au/seminars***