



**MEDIA STATEMENT – 22 JULY 2021**

## **Supporting Infant Human Milk Feeding: World-leading resources for the LGBTQIA+ community**

The Australian Breastfeeding Association (ABA) and Rainbow Families NSW have collaborated to produce a world-leading information and support program for LGBTQIA+ parents, released today. Entitled *Breastfeeding, chest feeding and human milk feeding: Supporting LGBTQIA+ Families*, the online education class and 90-page book is supported by bespoke professional development courses for ABA's qualified volunteers to support LGBTQIA+ parents.

The book and the education class for parents and caregivers provide tailored and practical information on infant human milk feeding for those within the LGBTQIA+ community. Created with the understanding that every person identifies as a parent in a way that is meaningful to them, the book is based on current research and was written in close consultation with the LGBTQIA+ community.

ABA is Australia's peak body on breastfeeding. As a proudly diverse organisation, it has been passionately providing tailored and empathic evidence-based breastfeeding information and support for mothers, fathers, partners, and their support people and families for 57 years.

ABA's President, Margaret Grove, says, 'The Rainbow Families book is a positive step for the Association and sits within a long ABA tradition of developing resources for specific situations to meet diverse community needs.'

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