



Australian
Breastfeeding
Association

Does your professional practice include care for families? Do you want to upgrade your knowledge and skills to support breastfeeding mothers and babies more effectively?

The Australian Breastfeeding Association has a long tradition of providing high-quality, evidence-based breastfeeding education for health professionals.

The 10960NAT Diploma of Breastfeeding Management is a nationally recognised accredited course.

Designed with your needs as a health professional in mind, this course will help you further develop your skills and knowledge in lactation support.

We offer a range of **flexible study options** to support you to successfully complete this course, including distance education. Learners need to participate online in some workshops on the day they are run.

“I am absolutely loving the content and have already seen positive effects with the women in practice I work with.”

“Great choice of speakers to present the workshops, all very experienced and knowledgeable in their specific field of lactation care/practice.”

“I loved the workshops – great speakers and opportunities to interact and learn in a group environment.”

2020/2021 learners

10960NAT Diploma of Breastfeeding Management



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Course content

The 10960NAT Diploma of Breastfeeding Management offers a unique opportunity for you to build your skills and knowledge in the following areas:

- the anatomy and physiology of human lactation
- management of common breastfeeding problems
- providing counselling to support breastfeeding
- infant and maternal nutrition during lactation
- protecting and supporting breastfeeding
- evaluation of human lactation research

The course is delivered by a team of Australian Breastfeeding Association experts.

Workshop location: online or Melbourne

The course requires completion of 12 units of study (eight core and four elective units). This is achieved by combining self-directed study, one day workshops and assessments for each unit.

Professional Development Points:

IBLCE CERPs, IBLCE Pre-Exam Education Hours, ACM CPD Hours and RACGP Points apply.

Units covered

Unit	Days
NATI0960001 Take lactation histories and conduct breastfeeding assessments	1
NATI0960006 Create environments to protect, promote and support breastfeeding	1
NATI0960007 Provide breastfeeding support within a legal and ethical framework	
NATI0960005 Facilitate infant and maternal nutrition during lactation	1
NATI0960012 Evaluate and counsel on the use of breastmilk substitutes	
NATI0960004 Manage breastfeeding situations and problems	1
NATI0960013 Use infant sleep and settling methods that support the breastfeeding relationship	1
NATI0960014 Counsel clients to manage life changes associated with breastfeeding	
NATI0960008 Use critical appraisal skills to evaluate human lactation research	½
NATI0960002 Communicate effectively with clients to support breastfeeding	2
NATI0960003 Provide counselling to support breastfeeding	
NATI0960009 Facilitate culturally-appropriate breastfeeding counselling	
NATI0960010 Provide pharmacological information and breastfeeding support to clients	½



For more information and to view the Pre-course Information Booklet, please visit: aba.asn.au/diploma