

Essential Criteria for a Baby Care Room



**Australian
Breastfeeding
Association**

ABN 64 005 081 523

Essential Criteria
Designated room for baby care separate from general toilets
Convenient, quiet, option to feed in privacy
Comfortable seating
Clean
Safe & clean to change nappies
Hot & cold water & hand drying
Waste disposal
Smoke free
Accessible by mums, dads, grandparents and carers
No advertising of artificial formula or toddler follow-on formula
Clearly marked & easy to find
Extra features in a Baby Care Room (<i>used to determine no of Stars</i>)
Easy pram or stroller access, including twin prams
Doors easily managed (<i>either light to open by hand or push button access</i>)
Private or lockable feeding areas
Toddler toilet with low mirror & basin
Notice board
Tissues or hand washing lotion or cleansing lotion or cotton balls provided
Nappies provided or dispenser machine
Ability for fathers to access without needing to enter private breastfeeding area
Secure play area for older children
High chair
Air conditioned
Comfortable lighting & ventilation
Food preparation area separate to nappy change area
No bottle symbols on signage
Box of toys for toddlers
Drinking water or cup dispenser or tea & coffee facilities
TV
Access to toilets, but separate from general toilet area
Change bench within arms' reach of taps
Public telephone
Jug of kettle or microwave
Power point access for breast pumps or charging mobile phone
Piped music
Other

- A ** (2 star) Baby Care Room meets all the essential criteria and **some** of the extra features
 A *** (3 star) Baby Care Room meets all the essential criteria and **at least five extra** features
 A ***** (5 star) Baby Care Room meets all the essential criteria and **at least ten extra** features

For further information please contact the National Baby Care Room Coordinator:
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